

HOW TO WEAR A MASK



*Healthcare Providers Should Wear a Mask at all Times**



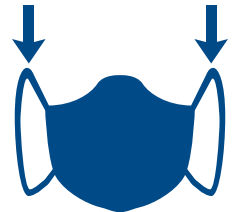
Before putting on a mask, clean hands with alcohol-based hand sanitizer or soap and water.

Masks should always cover your mouth and nose. They should never be worn around your neck or on top of your head.



Avoid touching the mask while using it. If you do, clean your hands with alcohol-based hand sanitizer or soap and water.

To take off the mask, **remove it from behind** (do not touch the front of the mask). **Clean your hands** with alcohol-based hand sanitizer or soap and water.



A single mask can be worn throughout a shift, unless soiled or damaged.

Proper use of a face mask can keep you safe. Improper use of a face mask may cause you to get sick. For more information, visit globalmedicalresponse.com/Coronavirus

*according to CDC guidelines as of March 28, 2020

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