



“Laissez les bons temps rouler” or ‘let the good times roll’ is a phrase widely used during Mardi Gras celebrations across the U.S. But before you partake in all the good times that Mardi Gras has to offer, it is important to remember that safety should remain your top priority.

To help keep all Mardi Gras revelers safe and the good times rolling, we recommend that you review these safety tips:

- **Evaluate the risk.** If you or a member of your family are not yet vaccinated, or you have children who are not yet eligible for the vaccine, you should reconsider attending a public Mardi Gras celebration.
- **Observe social distancing and wear a mask.** The COVID-19 Omicron variant is highly transmissible and is currently the dominant strain in the U.S. Be sure to maintain social distancing and wear a mask at all indoor and outdoor gatherings.
- **Self-monitor for COVID-19 symptoms.** After your event, pay close attention to how you are feeling. If you begin to develop symptoms of COVID-19, get tested immediately.
- **Keep a close eye on children.** If attending a Mardi Gras parade with your children, be sure to keep them close. Make sure they know to stay off the parade route and to never rush out in front of floats or marchers to grab beads or candy.
- **Designate a meeting point.** If attending a large parade or festival in a group or with children, designate a nearby landmark as a meeting point in case you become separated.
- **Plan ahead.** Before you indulge in any adult libations, be sure to formulate a plan to get home safely. Designate a sober driver, call a cab or rideshare service, or make plans to stay overnight.
- **Report drunk drivers.** If you suspect someone on the road could be drunk, call 911 immediately.
- **Don't let friends drive drunk.** If a friend has had too much to drink, don't let them get behind the wheel. Take their keys and help find them a safe ride home.
- **Always wear your seatbelt.** The best defense against injury in a crash with a drunk driver is a seatbelt.

## GMR SOLUTIONS

